

3 EASY STEPS TO:

Lentils



1. Rinse lentils with water—no need to soak!
2. Combine lentils and water, bring to a boil.
💧 *For every cup of lentils, use 2.5 cups of water.*
3. Simmer for 5-20 minutes until tender.

TIP:
¼ cup dry =
½ cup cooked

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